**Mariposa READ**  
(Read, Enjoy, and Discover)  
Thursday, February 3, 2022 at 7:30 PM  
Sunday, February 6, 2022 at 2:30 PM

**Menu - Dixon’s Fixin’s**

To listen, tune in to KRYZ Radio or log into www.kryzradio.org  
For Transcripts, go to the event on our Facebook Page: Mariposa Adult & Family Literacy  
Go to our website: www.mariposalibrary.org and look under the Adult Literacy tab  
Pick up a print copy from the Adult Literacy cart in front of the Mariposa Library, M-F 9-4

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**Burgers and More**

All burgers and sandwiches are served with your choice of side. Add a side salad or onion rings for $1.00. Add bacon $2.00.

<table>
<thead>
<tr>
<th>All American</th>
<th>$7.50</th>
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<tbody>
<tr>
<td>Grilled Chicken Sandwich - The Daylight</td>
<td>$7.95</td>
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<tr>
<td>Grilled Chicken Sandwich - The Rose</td>
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<tr>
<td>Grilled Chicken Sandwich - Devil's Melt</td>
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<tr>
<td>Grilled Chicken Sandwich - The Club</td>
<td>$7.95</td>
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<tr>
<td>Grilled Chicken Sandwich - Italian Style</td>
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<tr>
<td>Grilled Chicken Sandwich - Milky Cheeseburger</td>
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**Sides**

- French fries: $4.00
- Potato chips: $4.00
- Onion rings: $5.00
- Side salad: $5.00
- Caesar salad: $5.00
- Soup of the day: $5.00
Impossible Burgers are a plant-based meat-like product. It is made from heme, an iron-rich molecule found in every living plant and animal. Impossible uses heme-containing protein from the roots of soy plants and inserts it into a genetically engineered yeast. The genetically-modified yeast goes through a fermentation to make lots of heme, similar to how beer is made. Other ingredients include water, textured wheat protein, coconut oil, potato protein, natural flavors, soy, yeast extract, salt, konjac gum, xanthan gum, soy protein isolate, vitamin E, vitamin C, thiamin (vitamin B1), zinc, niacin, vitamin B6, riboflavin (vitamin B2), and vitamin B12. The Impossible Burger patty has 240 calories.

These ingredients somehow mimic the taste of beef and are nutritionally similar to beef. While Impossible Burgers are 100% free of animal products, because they used animal testing, they are not able to be certified vegan. It is, however, certified kosher and halal.

A Black Bean Garden Burger has the following ingredients:

Water, cooked black beans, cooked brown rice, soy protein concentrate, onions, whole kernel corn, hydrated bulgur wheat, soy protein isolate, green chiles, canola oil, contains two percent or less of salt, spices, red bell peppers, black bean powder, methylcellulose, yeast extract, sugar, onion powder, tomato powder, caramel color, natural flavor, garlic powder, paprika (color), turmeric (color). They are produced by Kellogg to meet the need of consumers looking for more plant based protein in their diet.