

## All That is Essential

The California Library Literacy Services created a book titled, "All That is Essential" and has made the book available for California libraries and literacy programs. Participants in California literacy programs were asked to submit writings about the feelings and reflections that the authors have experienced during the COVID-19 pandemic. Through the COVID Diaries, authors were invited to share their experiences and emotions of hope, joy, and endurance during that time of tragedy and turmoil. The book is full of essays, poems, and sixword stories. The book is meant to inspire thoughts and conversations as well as encourage reading and writing, or even drawing. Each entry contains the name of the author and the library from which they submitted their writing. Let's read some of them here together.

(Note that when anyone reads aloud, they do their best to pronounce the words that they see. Often names are pronounced very differently than the reader says aloud. I will do my best to read the names, but they may not be accurate. This is a challenge for any reader, and it is 100% okay. Also please note that our transcripts do not contain editing for grammar or punctuation but have adapted the way some of these read to fit them in this format.)

Lauren Choi from Newport Beach Public Library - As far as I remember, it is my first time to have a genuinely restful time, I feel truly free to myself and this situation has revealed what I enjoy.

A group submission from Statewide Writer's Workshop – The best thing that happened this past year was connecting with old friends, learning how to use the computer, exercising more, staying more with my children, being able to slow down, learning more English.

Patricia G. from Livermore Public Library – I fill the fountain, hummingbirds drink.

Anonymous from Livermore Public Library – Sheltering in place, a tolerance test.

Boa Kim from Newport Beach Public Library – I came to the U.S. with huge expectations and I arrived in California. Living with beautiful nature is a huge privilege for California residents. I was filled with pleasure until the pandemic occurred. In quarantine, the worst part is having three meals at home in a day. I am not an expert at making a meal and really appreciate that there are numerous recipes on the Internet. Being stuck at home all day long causes me to be depressed and dismal sometimes. Besides, contacting my friends only online since last year has been hard. Dealing with social distancing is devastating to me. Unprecedented circumstances deflect our life in various ways. I have no doubt that we need sufficient time to get used to living in a new normal.

Clara Auyon from Camarena Memorial Public Library – My life has changed. I had to reorganize my day to day trying to fulfill my personal and professional activities without leaving home. I'm only in contact with my family, friends, neighbors virtually, no longer hugging, kissing, meeting, or sharing important dates with them in person. I am even more sensitive to the reality experienced by the most vulnerable people, valuing and enjoying what I have, my husband, my kids, my friends, my work, reorganizing and investing every minute in what is really worthy, thanking God for being alive, for giving me faith and hope in these difficult times, for having a roof, food. I've had time to reflect on what we must change to improve ourselves, what is really worthy. It happens to us that with the fast-paced life that we lead with work, our children, the housework, we don't have time to appreciate things. We sometimes waste time on things that are not worth it. Adapting my personal and professional life to the new normal has been challenging. With the pandemic everything changed. My life will not be the same. Even if the pandemic is controlled, after all we have lived, we have all changed in some way.

Teddy Edwards from Newport Beach Public Library – Sorting family photos with fond memories.

Anna Kwon from Newport Beach Public Library – As time went by, quarantine started to become stressful. Being trapped inside my home started to break my daily routine, and not having physical interaction with others who aren't family, started to make me feel more isolated. It felt as if we were all living on our own island, and there wasn't really anything we could do. However this situation gave my family a chance to become closer and spend some more time together.

Shannon Inouye from Newport Beach Public Library – Always busy but nothing gets done.

Group Submission from Statewide Writer's Workshop – Something I've learned during the pandemic is: flexibility, technology, closeness, family, creativity, exercise, being outside, structure, cleanliness, pets.

Terry Anusasananan from San Mateo Public Library – Despite the pandemic, I enjoy going to the Saturday farmer's market. I see a sea of people with colorful face masks there. I see familiar people every week: the woman who sells honey, tall women selling meat, a woman shopper with a basket on one shoulder and a sack on the other, a food truck vendor selling barbecued chicken. My last stop at the farmer's market is the fish stall. I pick up a pound of salmon or black cod for dinner. Life goes on.

Claire's son from Newport Beach Public Library – Mom is in the third grade.

Pat McLaughlin from Newport Beach Public Library – HUGGING with our eyes and smiles.